ENTRANCE ANTIPHON
The Lord is the strength of his people, a saving refuge for the one he has anointed. Save your people, Lord, and bless your heritage, and govern them for ever.

PENITENTIAL ACT
I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

May almighty God have mercy on us...... Amen.

Lord, have mercy.  Lord, have mercy.
Christ, have mercy.  Christ, have mercy.
Lord, have mercy.  Lord, have mercy.

THE GLORIA
Glory to God in the highest, and on earth peace to people of good will. We praise you, we bless you, we worship you, we thank you. We praise you for your love, for your kindness. You are in all places, you are almighty. In your great love, answer us, O God. Through our Lord Jesus Christ, with the Holy Spirit, you are seated at the right hand of the Father. You take away the sins of the world; have mercy on us. For you alone are the Most High, O Lord, you alone are the Lord, you alone are the Holy One. All bow for following three lines: the Lord is the strength of his people, a saving refuge for the one he has anointed. And those who call on the name of the Lord shall be answered. Amen.

OPENING PRAYER
Grant, O Lord, that we may always reverence and love your holy name, for you never deprive of your grace those you set firm on the foundation of your love. Through our Lord Jesus Christ....

LITURGY OF THE WORD

FIRST READING
Jeremiah 20: 10-13
A reading from the prophet Jeremiah
Jeremiah said: I hear so many disparaging me, my opponents will stumble, mastered, confounded by their failure; everlasting, unforgettable disgrace will be theirs. But you, Lord of Hosts, you who probe with justice, will deliver the soul of the needy from the hands of evil men.

SECOND READING
Romans 5:12-15
A reading from the letter of St Paul to the Romans
Sin entered the world through one man, and through sin death, and thus death has spread through the whole human race because everyone has sinned. Sin existed in the world long before the Law was given. There was no law and so no one could be accused of the sin of ‘law-breaking’, yet death reigned over all from Adam to Moses, even though their sin, unlike that of Adam, was not a matter of breaking a law.

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Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

GOSPEL ACCLAMATION
Alleluia! Alleluia! The Word was made flesh and lived among us; to all who did accept him he gave power to become children of God. Alleluia!

GOSPEL
Matthew 10:26-33
Jesus instructed the Twelve as follows: 'Do not be afraid. For everything that is now covered will be uncovered, and everything now hidden will be made clear. What I say to you in the dark, tell in the daylight; what you hear in whispers, proclaim from the house-tops.

Do not be afraid of those who kill the body but cannot kill the soul; fear him rather who can destroy both body and soul in hell. Can you not buy two sparrows for a penny? And yet not one falls to the ground without your Father knowing. Why, every hair on your head has been counted. So there is no need to be afraid; you are worth more than hundreds of sparrows.

So if anyone declares himself for me in the presence of men, I will declare myself for him in the presence of my Father in heaven. But the one who disowns me in the presence of men, I will disown in the presence of my Father in heaven.'

THE GOSPEL OF THE LORD. Praise to you, Lord Jesus Christ.

NICE CREED
I believe one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation, he came down from heaven, All bow for following three lines: and by the Holy Spirit, was incarnate of the Virgin Mary, and became man.

For he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day, as is written in the Scriptures....

He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

I believe in the Holy Spirit, the giver of life, who proceeds from the Father and the Son, with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

AFTER THE CONSECRATION
The mystery of faith. We proclaim your Death, O Lord, and profess your Resurrection until you come again.

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DONAL NEARY SJ, Editor Sacred Heart Messenger

Be proud of Jesus! In the gospel today Jesus says not to be ashamed of him or the word of God. We often say to someone, ‘I was really proud of you’; at other times we find ourselves standing up for an individual or groups of people who are being criticised. Jesus knows that in following him, we will find opposition, in what we might sometimes say or in our way of life. A person, young or old, may find themselves the only one in a family group who is a regular massgoer, or who stands up for the principles in some moral issue. We find support in like-minded and like-believing people, or in people who may disagree with us but respect our point of view. We find support also in our practice of faith where we meet such people, also in prayer; as Jesus says, ‘every hair of your head has been counted’ by the Father who knows us and loves us through and through.

We have a lot to be proud of in Jesus: his love and concern for all, especially the poor; his giving us a meaning in life, and his love which brought him against the powerful, even to death. Like Jesus, we too will find ‘the Lord at our side’ as the first reading proclaims, as we live our Christian life as best we can.

TWELFTH SUNDAY IN ORDINARY TIME 21st June 2020

God is always with us. He knows our every thought, word and deed. He loves us and constantly cares for us. He looks upon us and says, ‘Do not be afraid.’